



## 2019 Fall Conference Meeting

*Cardiac rehabilitation throughout the lifespan: from paediatrics to geriatrics*

### Preliminary Program

Annual Meeting and Symposium

October 25 - 26, 2019

Palais des Congrès de Montréal (PCM), Montreal (Quebec)

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Friday, October 25

9:00 - 12:00 CACPR ANNUAL BOARD OF DIRECTORS MEETING

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#### PCM - Room 516ABC

14:00 - 14:15 Conference Opening Remarks - Tracy Selway, CACPR President

14:15 - 15:30 **26<sup>th</sup> ANNUAL TERRY KAVANAGH AWARD & LECTURE**

*Sponsored by Cardiac Health Foundation of Canada*

**Topic: Upper limits of human performance in heart transplant recipients**

**Speaker:** Mark J.F. Haykowsky - The University of Texas Arlington

**Moderator:** Carolyn Baer

15:30 - 16:30 **Health break**

**Community Forum Reception/ePosters**

16:30 - 17:30 **Keynote speaker: Youth cardiac rehabilitation**

**Topic: Preventing cardiometabolic risk in childhood: lessons learned from the CIRCUIT programme**

**Speaker:** Melanie Henderson - Université de Montréal / St. Justine Hospital, Montreal, QC

**Moderator:** Warner Mampuya

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#### Concordia University, EV-1.615 Amphitheatre

1515 St. Catherine Street W., QC H3H 2L5, Sir George Williams Campus

18:00 - 20:30 **Scientific café**

*Sponsored by Concordia University*

**Reception**

**Topic: Exercise prescription for cardiovascular health: how close (or how far) are we from getting it right?**

**Speakers:** Juan Manuel Murias - University of Calgary

Daniel Keir - University of Toronto

**Moderators:** Claudine Gauthier

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**Saturday, October 26**

**Place Jean-Paul-Riopelle - 1001 Jean Paul Riopelle Pl, Montreal, QC H2Z 1H5**

**7:00 - 8:15**      **“Early birds”: Walk ‘n know Montreal**  
**Bring your own shoes and cell phone**

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**PCM - Room 522**

- 9:00 - 10:00**      **Podium presentations: Youth cardiac rehabilitation**  
**Topic: Cardiac Rehabilitation for Pediatric Congenital Heart Disease**  
**Speakers :** Charissa Pockett - University of Saskatchewan / Royal University Hospital, Saskatoon, SK  
Corey Tomczak - University of Saskatchewan  
Marta Erlandson - University of Saskatchewan  
**Moderator:** Marie-Kristelle Ross
- 10:00 - 10:30**      **Health break (Coffee provided)**  
**ePosters**
- 10:30 - 11:00**      **Cardiovascular Guidelines Updates**  
**Speaker:** Paula Ribeiro  
**Moderator:** Diamond Fernandes
- 11:00 - 12:00**      **Keynote speaker: Women cardiac rehabilitation**  
*Sponsored by Cardiometabolic Health, Diabetes, and Obesity Research Network (CMDO)*  
**Topic: Protecting Women’s Hearts: Unique considerations across the lifespan**  
**Speaker:** Paula Harvey - University of Toronto / Women’s College Hospital  
**Moderator:** Tracey Collela
- 12:00 - 14:00**      **Lunch break (Lunch provided)**  
**ePosters**
- 14:00 - 14:30**      **Student Award session**  
*Sponsored by l’institute de Cardiologie de Montréal*
- 14:30 - 15:30**      **Keynote speaker: Older adults cardiac rehabilitation**  
*Sponsored by Centre de recherche de l’institut universitaire de gériatrie de Montréal (CRIUGM)*  
**Topic: The impact of cardiac rehabilitation in cognitive and brain function**  
**Speaker:** Louis Bherer - University of Montreal / Montreal Heart Institute and Institut Universitaire de  
Gériatrie de Montréal  
**Moderator:** Paul Poirier
- 15:30 - 16:30**      **Health break / Wine & Cheese**  
**Community Forum Reception/ePosters**
- 16:30 - 17:30**      **PLENARY SESSION**  
**Round Table:** Cardiac rehabilitation throughout the lifespan: ‘walking the delicate line’  
**Speakers:** Melanie Henderson, Paula Harvey, Louis Bherer, Corey Tomczak, Charissa Pockett, Marta  
Erlandson, Paula Ribeiro, Carolyn Baer, Warner Mampuya, Marie-Kristelle Ross, Diamond Fernandes,  
Tracey Collela, and Paul Poirier  
**Moderator:** Tracy Selway
- 17:30 - 17:45**      **CACPR CLOSING CEREMONY**