

REGISTER NOW
JUNE 8-9, 2023
ORFORD, QUEBEC
MANOIR DES SABLES

PROGRAM – AT-A-GLANCE

Thursday, June 8, 2023

Time EDT	Event	Location
7:30 – 8:30	Registration Open	Level 2 Foyer
8:30 – 9:00	Going Back to High Intensity Activities after a Cardiac Event Pierre Boulay 8:52 – Q&A	Champêtre ABC
9:00 – 9:30	VO2: Its Use for the Master Athlete Eric Nadreau 9:22 – Q&A	Champêtre ABC
9:30 – 10:00	Sports and Diseases of the Aorta Marie Thibault 9:52 – Q&A	Champêtre ABC
10:00 – 10:30	Break	Cordial
10:00 – 10:30	Posters	Champêtre D
10:30 – 11:15	The Athlete with Hypertension Carolina Carvalho 11:04 – Q&A	Champêtre ABC
11:15 – 12:00	Psychological Considerations of the Injured Athlete Jean-Michel Pelletier 11:49 – Q&A	Champêtre ABC
12:00 – 13:00	Lunch	Dining Room
12:00 – 13:00	Focus Group with Free Lunch: Come Share Your Program Needs to Support Delivery of Women-Focused Education	Cherry River
13:00 – 14:00	Terry Kavanagh Lecture Jennifer Reed 13:45 – Q&A	Champêtre ABC
14:00 – 14:30	Sports and Arrhythmias Fabrice Demonière 14:22 – Q&A	Champêtre ABC
14:30 – 15:00	Break	Cordial
14:30 – 15:00	Posters	Champêtre D
15:00 – 15:45	Considerations for Diving and Altitude Exposure in Cardiac Patients Marie-Kristelle Ross 15:34 – Q&A	Champêtre ABC
15:45 – 16:45	Lifelong Exercise Training: Are Master Athletes at Greater Risk of Cardiac Dysfunction? Catherine Bourque, Francois Simard 16:30 – Q&A	Champêtre ABC
18:00 – onward	CACPR Social Evening <i>Tickets must be purchased in advance</i>	Albatros Bar

Friday, June 9, 2023

Time EST	Event	Location
7:00 – 8:00	Fun Run	Meet in the hotel lobby
7:30 – 8:30	Registration Open	Level 2 Foyer
8:30 – 9:15	Cognitive Functions and Exercise Louis Bherer 9:04 – Q&A	Champêtre ABC
9:15 – 10:00	HIIT Mathieu Gayda 9:49 – Q&A	Champêtre ABC
10:00 – 10:15	Break	Cordial
10:15 – 10:45	Interactive Workshop #1 A. <i>Pacemakers: What Do the Sports Scientists Need to Know?</i> Félix Alejandro Ayala-Paredes B. <i>Telerehabilitation</i> Tania Janaudis Ferreira C. <i>VO2: Demonstration and Update</i> Eric Nadreau	Cantons A Cantons B Champêtre ABC
10:55 – 11:25	Interactive Workshop #2 A. <i>Pacemakers: What Do the Sports Scientists Need to Know?</i> Félix Alejandro Ayala-Paredes B. <i>Telerehabilitation</i> Tania Janaudis Ferreira C. <i>VO2: Demonstration and Update</i> Eric Nadreau	Cantons A Cantons B Champêtre ABC
11:30 – 12:15	Cardiovascular Adaptations to Exercise: A Matter of Biological Sex? Warner Mampuya 12:04 – Q&A	Champêtre ABC
12:15 – 13:15	Lunch	Dining Room
12:15 – 13:15	CACPR Trainee Mentorship Session	Champêtre ABC
13:15 – 13:45	Hot Topics in Nutrition Scott Lear 13:37 – Q&A	Champêtre ABC
13:45 – 14:30	Hot Topics in Pulmonary Rehabilitation Claude Poirier 14:19 – Q&A	Champêtre ABC
14:30 – 14:45	Break	Cordial



14:45 – 15:15	Guidelines Update: Women-Focused Cardiovascular Rehabilitation Gabriela Melo Ghisi 15:07 – Q&A	Champêtre ABC
15:15 – 16:15	Hot Topics in Prevention, Rehabilitation and Sports Cardiology Warner Mampuya 16:00 – Q&A	Champêtre ABC
16:15	Adjournment/Closing Remarks Spring Conference Co-chairs	Champêtre ABC

Thank You to the Planning Committee:

Warner Mampuya, cardiologist
 Marie-Kristelle Ross, cardiologist
 Geneviève Garand, respiratory therapist
 Jennifer Harris, physiotherapist
 Livia Pinheiro Carvalho, physiotherapist
 Alexis Marcotte-Chenard, sport scientist
 Annie-Pier Côté, sport scientist
 Andrée-Anne Hébert, sport scientist



Thank You to Our Sponsors

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