



**International Council of  
Cardiovascular Prevention  
and Rehabilitation (ICCPR)**

ICCPR Update

June 2018

Dear CACPR Members:

We wanted to write to provide you an update on the activities of the International Council of Cardiovascular Prevention and Rehabilitation (ICCPR; [www.globalcardiacrehab.com](http://www.globalcardiacrehab.com)). We are 32 CR association members strong, with “friends” from 9 other countries and counting (see bottom)! We are so delighted to have CACPR as a “foundational” member.

You can follow us on twitter at ICCPR\_GlobalCR to keep up to date on our activities.

**PROJECTS:**

We published our consensus statement on CR delivery in low-resource settings last year. It has been accepted to the US’ National Guideline Clearinghouse (<https://guidelines.gov/summaries/summary/50658/cardiac-rehabilitation-delivery-model-for-lowresource-settings-an-international-council-of-cardiovascular-prevention-and-rehabilitation-consensus-statement?q=cardiac+rehabilitation>). We hope this will promote broad uptake.

We have now developed and launched a certification scheme for CR healthcare professionals in low-resource settings to translate the consensus statement to practice. Each core component is covered in a 1 hr module, with supplemental readings and case studies. Learners will complete a multiple choice exam. See: <http://globalcardiacrehab.com/training-opportunities/>. This certainly dovetails nicely with CACPR’s development of “advanced training modules”.

We recently completed our survey of every CR program around the world! Overall, 112/203 (54.7%; n=54) countries in the world offer CR, of which data were collected in 93 (83.0%; N=1081 surveys, 32.0% response rate). In Canada, 74/182 (40.7%) programs responded. The results have recently been submitted to the *Canadian Journal of Cardiology* for a special issue on cardiac rehabilitation expected to be published in conjunction with our Fall meeting in October. As chair of ICCPR, I also look forward to sharing the findings with you at the conference.

**INFORMATION FROM OUR MEMBER ASSOCIATIONS THAT MIGHT BE OF INTEREST (available on our website as well):**

You can find the newsletters of the American, Australian and British CR associations on our website at: <http://globalcardiacrehab.com/public-resources/cardiac-rehab-newsletters/>

FYI the British Association of CR recently released an update to their core components and standards.  
See: [http://www.bacpr.com/pages/page\\_box\\_contents.asp?pageid=791](http://www.bacpr.com/pages/page_box_contents.asp?pageid=791)

The Americans have updated their performance measures:  
[http://www.onlinejacc.org/content/early/2018/03/19/j.jacc.2018.01.004?\\_ga=2.28156796.1180214343.1527859080-2917259.1527859080](http://www.onlinejacc.org/content/early/2018/03/19/j.jacc.2018.01.004?_ga=2.28156796.1180214343.1527859080-2917259.1527859080)

If you are ever looking to contact someone in the CR field in another part of the world, please don't hesitate to reach out to us. If you are considering initiating a project, we can consult the ICCPR network for any available resources or advice.

Sincerely,

Your fellow CACPR members at [globalcardiacrehab@gmail.com](mailto:globalcardiacrehab@gmail.com):

Sherry Grace, PhD; ICCPR Chair

Colin Yeung, MD; ICCPR Treasurer

Gabriela Ghisi, PhD; ICCPR Secretary (Carolina Santiago Pio covering leave)



# Friends of

